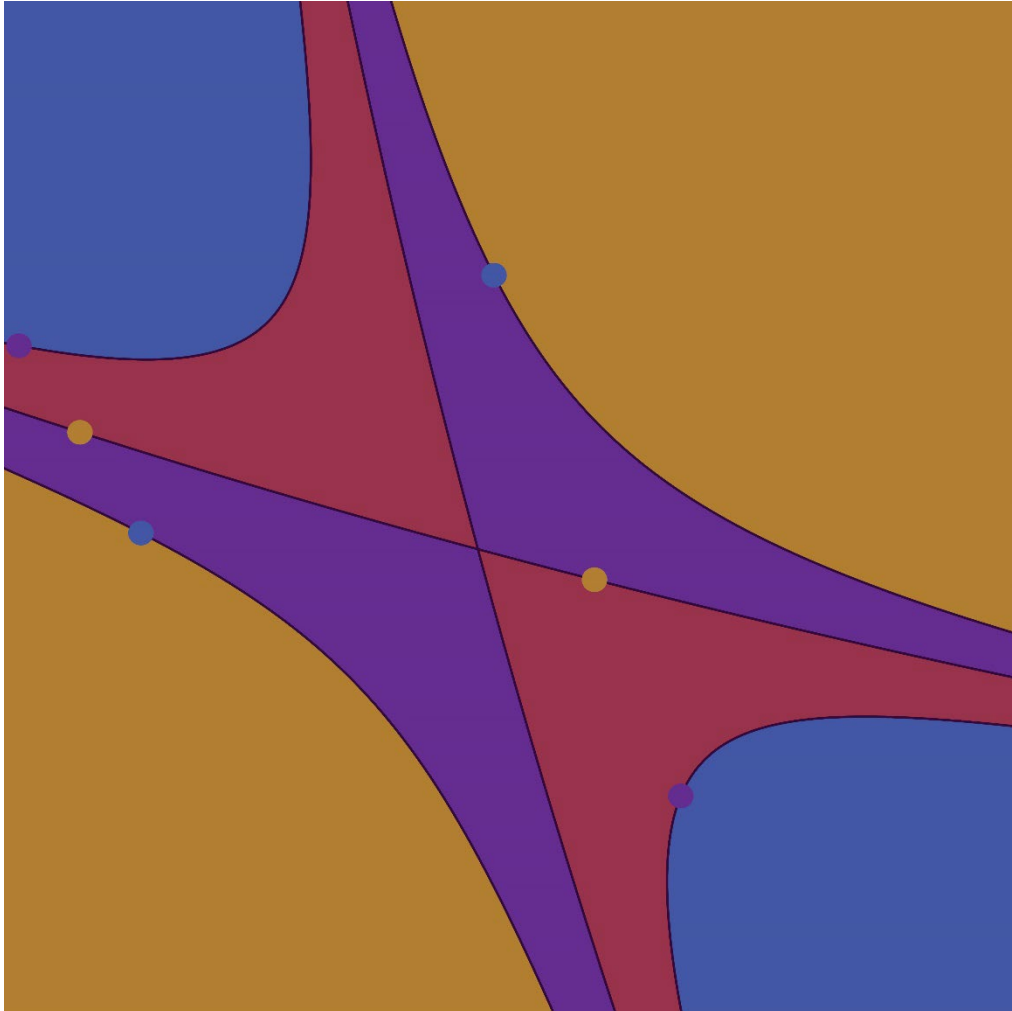# Composition of two involutions

An involution is a switch

toggling between two states

When you apply one map after another

the result is a composition

Many, if not all, integrable maps are

compositions of two involutions